

# TRAININGSPLAN

Trainer:  
Verein:  
Gruppe:

Verband:  
Datum:  
Zeit:

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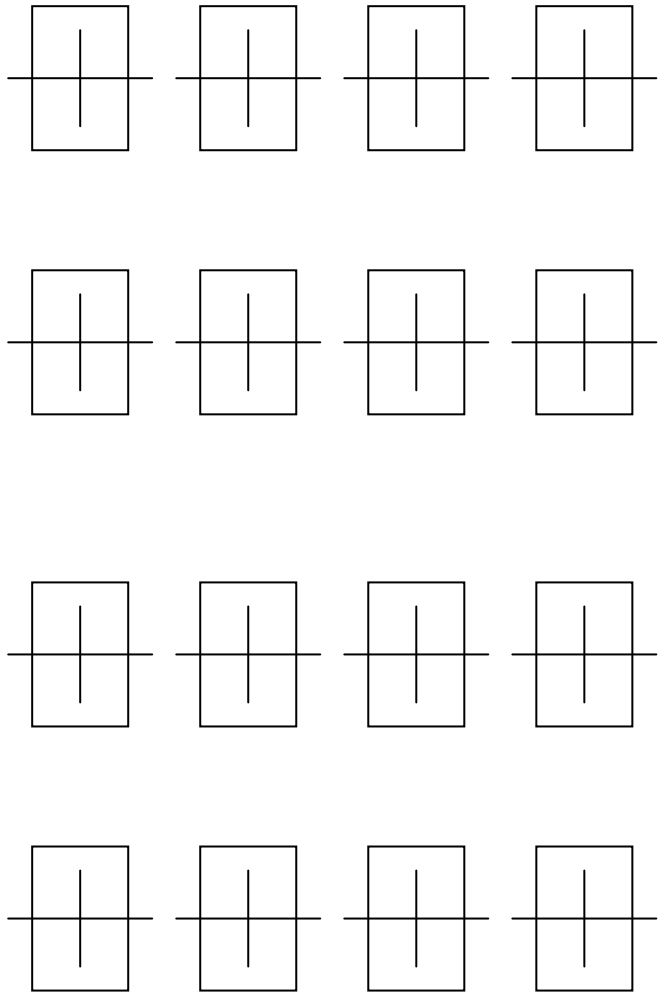
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